

Glossary



PLANTSTALLATION

BOTANICAL ARRANGING

A therapeutic activity that draws on theories and research of ecopsychology, horticulture therapy and art therapy.

EMPATHY

A component of our emotional intelligence and a cornerstone of having self-awareness and relationships with others.

IKEBANA

The Japanese art of flower arrangement.

MATERIAL EMPATHY

The empathy exercised when connecting with objects and materials in some way - physical matter and intangible socio-material affects human behaviour.

MICROTOPIAS

According to Bourriaud, microtopias are spaces where participants develop meaningful relationships with one another. These spaces occur in works that encourage interaction with other people ahead of how the objects are presented. Microtopias are experiential spaces constructed to put people in close proximity to one another, fostering a shared experience and one of connectedness.

OBJECT DYNAMICS

The inherent relationships between an object and its characteristics, the dynamic actions between the object and a person, and the mental impact those actions have on health, wellbeing, and healing.

PLANTSTALLATION

A small-scale mixed media art installation centred around plant species that are native to Scotland, plants that would be found in an ancient Caledonian forest.

RELATIONAL AESTHETICS

A term coined by French curator Nicholas Bourriaud that describes art practices placing an emphasis on the social context of the work. The artist becomes more of a facilitator and the 'art' is often information exchanged between the parties involved. Works produced in this practice are considered relational art.

RELATIONAL EMPATHY

Experiencing empathy in three distinct ways: feeling into, feeling with, and feeling for. These modes of relation are different manners of connection with people or things.

RITUAL

A sequence of activities involving gestures, words, actions, or objects, performed according to a set sequence.

RITUAL OBJECT

A ritual object is any object used in a ritual.

SOCIALLY ENGAGED ART

Art that is informed by some kind of social agenda - created and realised with engagement, collaboration, or participation between artists or defined social groups.

SOCIO MATERIALS

Socio-material is what we get when the social situation, the objects, and materials, come together to form an experience (Hylving, 2017).

WELLBEING

Wellbeing is a combination of feeling good mentally and physically while functioning well. It could also be experiencing emotions like happiness and contentment, developing potential, having control over one's life, feeling a sense of purpose, and maintaining positive relationships. Wellbeing is the condition that allows a person or population to thrive.

WORRY DOLLS

An ancient Mayan legend, worry dolls are very small figurines made of wire, wool, and colourful leftover textile cuttings. According to the legend, these small handmade dolls originate in what is now Guatemala. Children would express their worries to the dolls and put them under the pillow at night to have their worries taken away by morning.



